



# Port Huron Hospital

Pre-Admission Testing (PAT)  
1221 Pine Grove, Port Huron, MI 48060  
Phone: (810) 989-3192

**Please call  
(810) 989-3270  
to register asap**

Patient Identification

## Pre-procedure Instructions Cardiac Catheterization/Vascular Procedures

- Please enter the hospital through the main entrance. From there, hospital personnel will direct you.  
Day \_\_\_\_\_ Date \_\_\_\_\_
  - If scheduled as an outpatient, a reliable adult must accompany you to the hospital, drive you home, and be present with you until the morning after your surgery for your safety and welfare.
  - We will contact you the day before your procedure, between 3:30-5:30 p.m. with your time of arrival. If you are not home or do not have an answering machine, please call (810) 985-2635 between 3:30-5:30 p.m. Monday through Friday.
- If you develop a cold, flu, sore throat, infection, or any illness between now and procedure, contact your surgeon. If you wake up ill the morning of your procedure, call Cardiovascular Short Stay (810) 985-2635.
- No food**, water, gum or candy after midnight the night before procedure, unless otherwise instructed. Failure to follow these instructions may result in vomiting and aspiration (breathing in) of stomach contents into the lungs, which could result, in pneumonia or even death.
- MEDICATION INSTRUCTIONS:**
  - Please bring** a list of all your medications with you.
  - Take** usual morning medications the morning of procedure with a small sip of water.
  - Do Not Take:** \_\_\_\_\_

Or as directed by your physician.

  - If you are a diabetic patient**, do not take any diabetic medications the morning of the procedure.
  - Aspirin and Plavix** can be taken the morning of procedure unless instructed otherwise. Contact your physician if you have any questions.
- Show or bathe the night before and the day of your procedure using antibacterial soap or as directed by your physician.** Wear loose fitting, comfortable clothing.
- Make-up, jewelry (or any body piercings) cannot be worn the day of the procedure. Please leave all valuables at home. Do not bring jewelry, credit cards, cash, etc. They may be removed and given to your companion for safe keeping the day of your procedure.
- If you wear contact lenses or glasses, bring a carrying case for them on the day of your procedure.

**Continued on back**



**Pre-procedure Instructions**  
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- 8. Please bring your prescription card or necessary means of payment, the day of procedure if you would like to have your prescription filled here.
- 9. In case of an emergency, your procedure could be delayed. We will inform you upon arrival and/or as soon as the emergency occurs if this is the case. We make every effort to keep your scheduled time, but emergencies do happen. Thank you for your patience and understanding.
- 10. It is important that you make outside arrangements for the care of your children who are not patients. Please do not bring them with you to the hospital. There are no baby-sitting facilities, and visiting children will not be allowed in the pre-op or recovery areas.

Special Instructions/Medications/Supplies or as directed by your physician:

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**Pre Admission Testing Use Only**

Instructions given via phone to  pt     spouse     s.o.     other. \_\_\_\_\_

Date/Time

Signature \_\_\_\_\_